

Dancing with stones: A new methodology for practice development, leadership and facilitation of work-based learning?

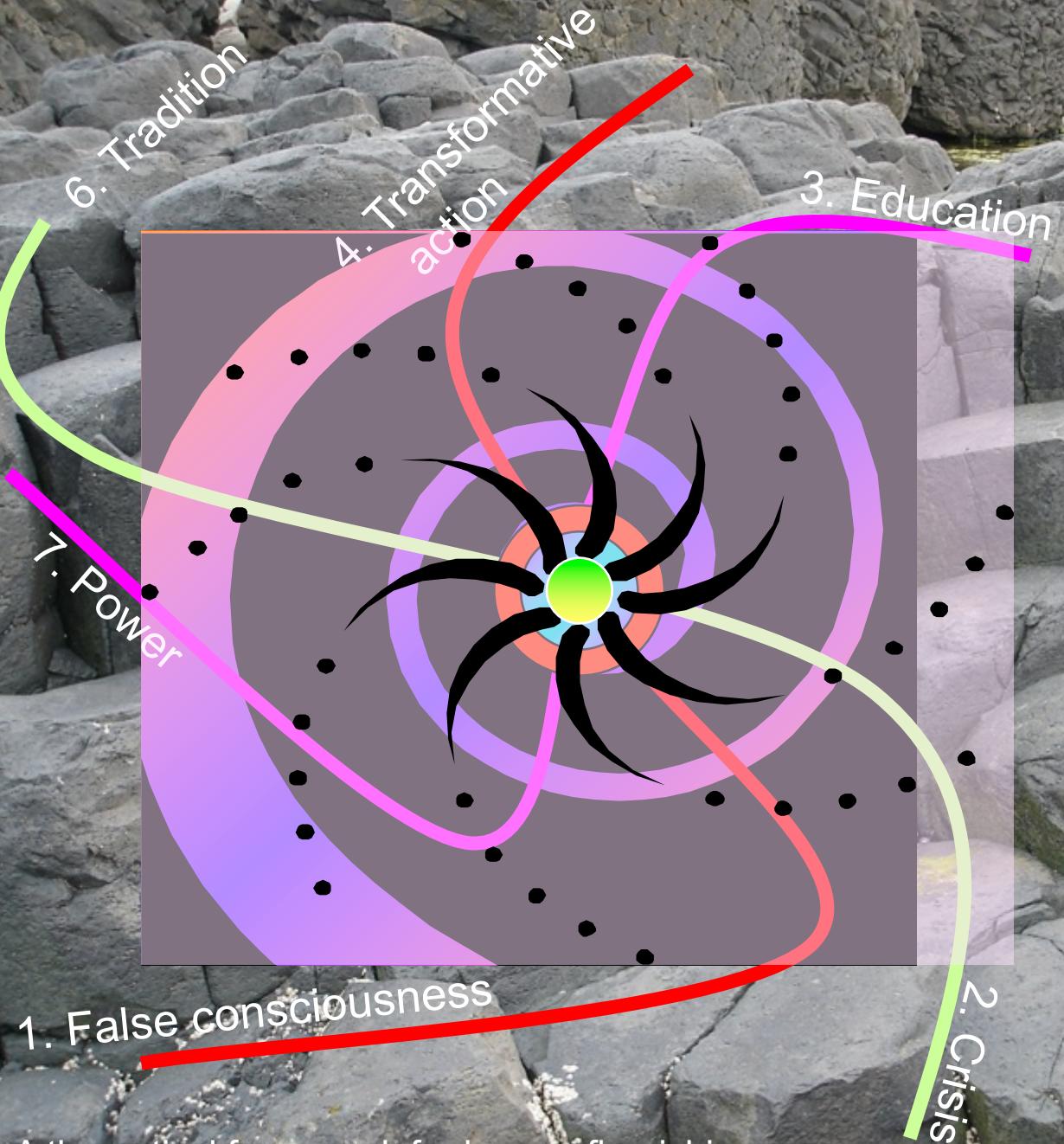
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Overview

- Placing the new methodological framework in context
- Experiential exploration of framework
- Critical-creative conversation about usefulness of framework for practice development, leadership and facilitating work-based learning



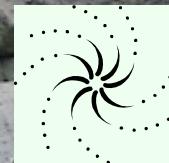
Outcome:
Human flourishing

5. The body

8. Reflexivity

Other critical
practice theories

Praxis spiral for
human flourishing
enabled by
professional artistry



**CRITICAL
CREATIVITY**

Human Flourishing

- Focuses on maximising the potential for individuals to achieve their potential for growth and development
- Human flourishing is seen as both the end and the means of practice development
- The framework offers new methodological understandings of how the conditions for human flourishing can be created.



Stillness in a landscape

Early morning light

Chi Gung on the stones

Same place but different space

Five rhythms

Expressed in authentic movement

Informal and formal

Stones slippery when walking

But steady when dancing

ROTH'S 5 RHYTHMS (Roth 2003):

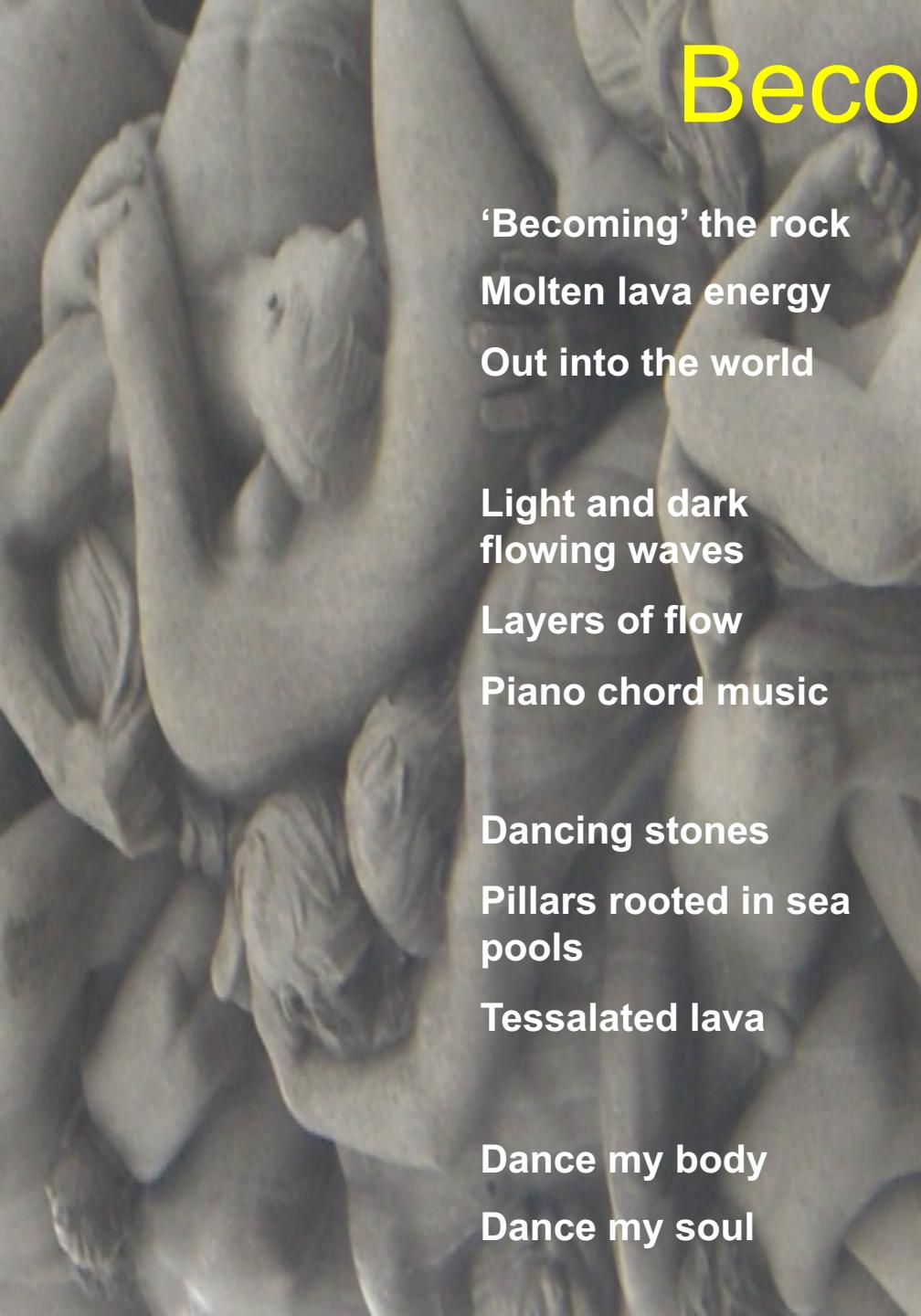
Flowing

Staccato

Chaos

Lyrical

Stillness



Becoming the Rock

**'Becoming' the rock
Molten lava energy
Out into the world**

**Light and dark
flowing waves
Layers of flow
Piano chord music**

**Dancing stones
Pillars rooted in sea
pools
Tessalated lava**

**Dance my body
Dance my soul**

**Knowing practitioner research
methodology through the body**

**Critical creativity as a framework
for engaging with the creativity
of practice**

Co-creation of methods

**Stepping in and out of
metaphysical, metaphorical and
physical spaces**

Nurturing, flowing, connecting

Hermeneutic praxis

Stepping into the unknown

Emancipation through new knowing

Freed from the fear of unknowing

We know we can fly

Exhilaration

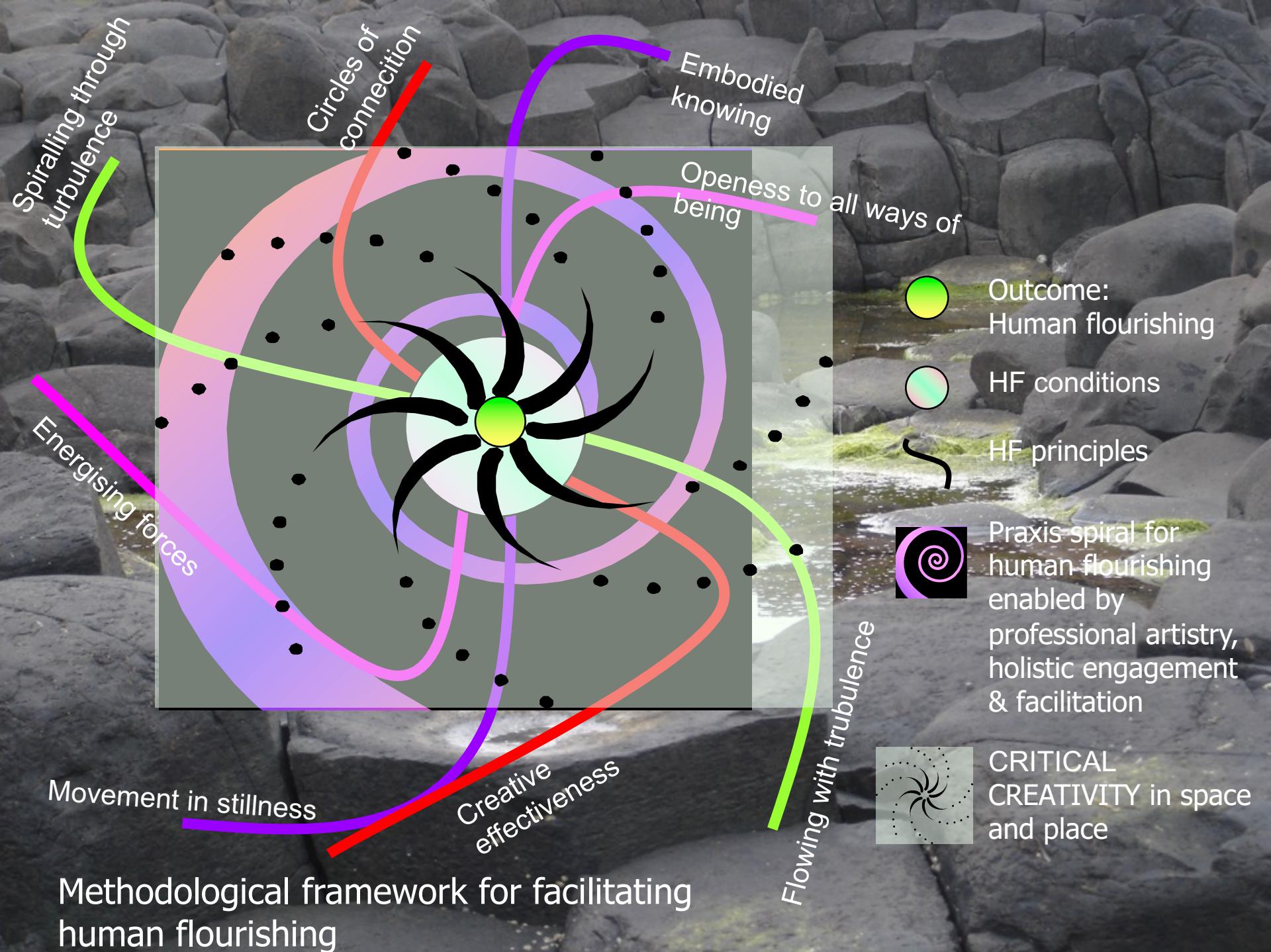
Carrying through the fears and
boulders

Creating the conditions for
transformation

'Being' rather than 'doing'

Embodiment of critical theories

Practice transformed through critically-
creative, holistic engagement with
practice



How do we help people to flourish?

Metaphor	
<i>Spiralling through turbulence</i>	Authentic facilitation that is consistent with the shared values and beliefs of co-participants and that results in human flourishing.
<i>Circles of connection</i>	Co-construction of a shared reality and spiralling awareness and understanding that has no beginning and no end.
<i>Creative effectiveness</i>	Through blending, improvisation, synchronicity, atunement and balance
<i>Movement in the stillness</i>	The stillness of reflection , contemplation and emptying the mind creates a movement that enables future meaningful, ethical action and understanding to occur
<i>Embodied knowing</i>	Connection with the environment through an internalisation of its culture(s) or the culture is enacted and seen through a person's body/being in the world.
<i>Energising forces</i>	Transformation occurs through moments of 'crisis' that trigger a need for change. Creative expression at moments of crisis generates energy from a new ability to express feelings, experiences, spirituality, ethical concerns, embodied and tacit ways of knowing
<i>Openness to all ways of being</i>	Practice developers and leaders need to be open to and appreciative of different world views
<i>Flowing with turbulence</i>	Working with turbulence requires the use of emotional and spiritual intelligences

Work-based learning principles for using critical-creative processes

Capturing the colour, texture, smell, taste and sound of experience

Listening to the sounds of silence

Taking risks, leaping into the unknown, being the playful child

Re-framing experience symbolically

Following the wisdom of the body

Critical-creative dialogue